Follow these safety rules:

1. Wear eye protection when doing a science activity.

2. Learn how to safely dispose of all materials used in the activity.

3. Keep a fire extinguisher and first aid kit handy, and know how to use them.

4. Wear appropriate clothing when performing any activity. Avoid wearing loose or bulky clothing.

5. Understand all elements of the activity before performing it. Ask questions if you do not understand.

6. Use only the same equipment and quantities of materials suggested in the directions.

7. Make certain all people and property in the area of your science activity are well protected and informed.